



BRENTWOOD BAY

Spa

ESSENCE OF LIFE

body treatments

Essence of Life Signature Massage

Our signature massage with heated basalt stones, seaweed and exfoliation

		90min \$ 185
Therapeutic massage (RMT)	60min \$ 145	90min \$ 195
Relaxation massage	60min \$ 95	90min \$ 135
Deep tissue massage	60min \$ 105	90min \$ 145
Pregnancy massage	60min \$ 115	
West coast hot stone massage		90min \$ 185
Traditional thai massage <i>(assisted stretching movements)</i>		90min \$ 165
Reflexology	60min \$ 105	
Deluxe reflexology – head to toe		90min \$ 165
Herbal compress massage	60min \$ 135	90min \$ 165
enhance your massage experience with;		
Aromatic oil		\$ 15

Essence of Life Signature Wrap

A unique west coast wrap with rockweed, exfoliation, warm alaria body wrap, seaweed mini-facial, Vichy shower and wild sea kelp lotion

		90min \$ 165
Detoxifying mud wrap		75min \$ 145
De-aging tropical oasis wrap		75min \$ 145
Thai-inspired kiyoshi wrap		75min \$ 145
Tropical oasis scrub		45min \$ 105
Island seaweed scrub		45min \$ 105
enhance your wrap experience with;		
Relaxation massage		25min \$ 60

couples packages

Signature duet	90min \$ 185/ person
<i>Our signature massage for two</i>	
Two mud cocoon	2.5 hours \$ 245/ person
<i>Full body exfoliation, mud wrap, couple's rainshower and relaxation massage.</i>	
Two hearts massage	60min \$ 125/ person
<i>45 minute relaxation massage, couples rainshower, wine and truffles in the lounge</i>	
Vino lovers retreat	2 hours \$ 250/ person
<i>Vino body scrub, scalp massage, rainshower, vino massage and wine in the lounge</i>	

Ask about our island time spa membership to receive 25% off your spa treatments

Brentwood Bay Resort & Spa • 849 Verdier Ave • Victoria, BC
Spa 250.544.5111 • Toll Free 888.544.2079
www.brentwoodbayresort.com

skin care treatments

Essence of Life Signature Anti-aging Facial	80min \$ 175
Anti-free radical facial	75min \$ 145
Luminous "C" and "Sea" facial	75min \$ 145
Rosacea soothing facial	75min \$ 145
Plantomer healing facial	75min \$ 145
Elasto-firm facial	75min \$ 145
Skinfit for men facial	75min \$ 145
Classic facial	60min \$ 110
Purifying back treatment	60min \$ 110
Enhance your facial treatment with;	
Youthful lip or eye treatment	each \$ 20
Make-up application	30min \$ 45 60min \$ 85

Waxing and tinting services also available.

Please inquire for prices.

nail treatments

Essence of Life Signature Pedicure	75min \$ 85
Vino stomp pedicure	75min \$ 85
Spa pedicure	60min \$ 75
Natural buff pedicure	60min \$ 70
Essence of Life Signature Manicure	60min \$ 70
Spa manicure	45min \$ 55
Natural buff manicure	30min \$ 45
enhance your nail treatment experience with;	
Paraffin or French polish	each \$ 10

Spa Experiences

Signature Essence of Life

Essence of Life massage, Essence of Life facial & Essence of Life pedicure
4.5 hours \$ 445

Island Ritual

Kiyoshi Body Wrap, Relaxation Massage and Reflexology
3.25 hours \$ 385

West Coast Retreat

West Coast Hot Stone Massage, Signature Seaweed Pedicure, Organic Seaweed Facial
3.5 hours \$ 355

Vino Therapy

Vino and Honey Wrap, Vino Massage and Vino Stomp Pedicure
3.5 hours \$ 350

Gentlemen's Retreat

Deep Tissue Massage, Men's Skinfit Facial & Natural Buff Manicure
2.75 hours \$ 295

Pacific Pampering Package

Classic Facial,, Spa Manicure and Spa Pedicure
3 hours \$ 240

Booking and Treatment Policies

Please arrive at least 15 minutes prior to your scheduled treatment time. We will require credit card information to secure your booking. Please provide at least 24 hours notice for cancellations. Appointments cancelled within 24 hours of scheduled arrival will be charged at 50% of the treatment cost.

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